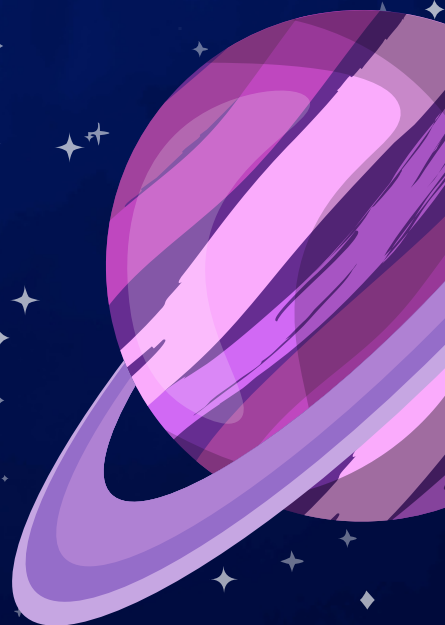




Camp CoEJ Diaries

Day 3: Tuesday 30th July



Camp CoEJ Diaries

Day 3 – Girls camp

The day started with Fajr Salah, and all the campers were so efficient to wake up, do wuhdu and get ready with time to spare before adhan.

After a post Fajr nap, the mentors woke up the campers, and ushered them to get ready and then have a delicious breakfast of cereal, chai and scrambled eggs, fuelling up before the girls head to their classes. Planet Venus did so well to clear up after breakfast, wiping down the tables and hoovering the dining room.

Today's class with Raihana Bai focused on Imam Sajjad and the duas he has blessed us with in Sahifa Sajjadiya. She discussed the dua burger that involves the salwat as the buns, with the praises of Allah, asking others for forgiveness and then asking for your own repentance as the burger filling.

In Zameena D Bai's class the campers reflected on the Holy Quran and what it means to be a good person. They reflected on different scenarios around morals and how sometimes it's hard to make the morally right decisions therefore Allah (SWT) gives us guidance through the Quran to help us.

In Zamina R Bai's class the campers discussed different communication techniques and the role of body language in conversation and non verbal cues. They delved into the tricky scenarios such as what to do when faced with handshaking with a male, and how to respectfully decline to maintain hijab.

Tuesday 30th July

Camp CoEJ Diaries

Day 3 – Girls camp

After the classes, we had lunch. Today's menu was meat pilau or tomato and cheese pasta, served by Planet Mercury and then clean up was done by Planet Neptune.

After lunch, the campers joined in for Zohr and Asr Jamaat Salah. It's really beautiful to see the campers coming forward and volunteering to recite.

After salah, we headed out for activities. Today's activities were two of Quadpole, Crate Stacking, Zipline and adventure climb. These activities required team work from the campers and encouraged them to think outside the box skills which they used on the activities. So many girls pushed themselves outside of their comfort zone and really gave all the activities a good try, with amazing results. It was lovely to see the girls in their planets helping one another to reach the end goal. As it was a very hot day, we had some ice lolly's to cool us down in the heat which really helped!

After the activities, we had some time to allow the campers to freshen up and reflect on the day in our Planet Times. The campers were asked by Raihana Bai to each come up with a reflection from the day's classes to present in the Muharram workshop, which they bonded and formulated together to present to the other girls later that day.

In the planet times, Planet Neptune enjoyed making origami flowers. Planet Venus decorated tote bags and Planet Mercury made friendship bracelets for each other to remember their time at the camp.

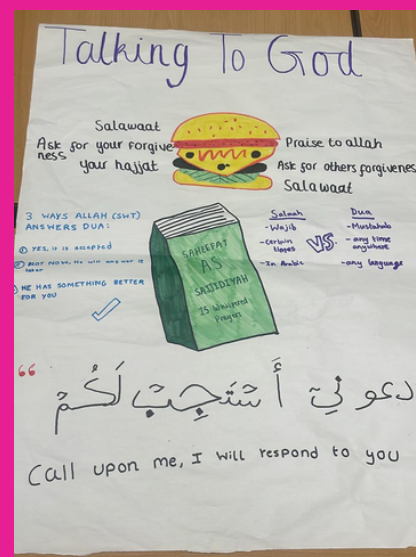
Tuesday 30th July

Camp CoEJ Diaries

Day 3 – Girls camp

It was then dinner time which consisted of Chicken Birayani with Planet Venus serving and Planet Mercury clearing up followed by the Muharram Workshop where the campers presented their reflections.

Here is an example of the reflection poster from Raihana Bai's class.



The Muharram workshop tabarruk was ice cream with flake and sprinkles.

Maghrib Salah as well as the Muharram workshop took place outside as the weather was nice and allowed us to appreciate the beauty of Allahs (SWT) creation whilst praying.

After Salah we came back inside to have personal development time (PDT) with Zainab Bai. The girls did a murder mystery problem solving activity within their planets and they all ended up solving the clues correctly to work out the mystery murderer. Thereafter, they played a human scavenger hunt to get to know all the other girls in the camp and start up new conversations by finding mutual interests.

We had some wind down time for the campers before lights out, to ensure they are fresh for the next day. Looking forward to all the fun tomorrow!

Tuesday 30th July

Camp CoEJ Diaries

Day 3 – Boys camp

The day started with us mentors waking up the campers for Fajr Salah, which was concise but sweet to allow the campers to get a few more hours of sleep.

We then woke the campers up in the morning to have a delicious breakfast. The breakfast today consisted of cereals and scrambled eggs with toast. The majority of campers slept well the previous night, so this process was quite seamless and my planet (Mars) ended up arriving first to the dining hall!

We started the day with Planet Time, where focus was on a card game called "The art of conversation". This uses pre-made cards with three levels of questions for the campers to choose from, with each level becoming increasingly personal. This gave some freedom to the campers surrounding the following conversations. This activity helped the campers foster new connections within their planet through learning interesting facts about their peers. During this planet time, we also discussed how to effectively communicate with others, practising methods and techniques of doing so.

Today's activities were Quad Pole and Crate Stacking! Despite these activities being similar in nature, they required different amounts of teamwork and strategies from the campers. The Crate Stacking in particular encouraged the campers to think outside the box, learning from the mistakes of the other campers to climb boxes the camper's stack. The Quad Pole exercises required a lot more agility in order to reach the top of the pole with the other three campers.

Tuesday 30th July

Camp CoEJ Diaries

Day 3 – Boys camp

After the activities, the campers joined for Zohr and Asr Jamaat Salah. Today, Hamza Govani recited Adhan and Yousef Alchalabi recited Zohr Dua. Asr Dua and Ziyarat were recited by the Mars mentors respectively. It's really beautiful to see the campers coming forward and volunteering to recite over the past few days.

Lunch was thereafter served by Mars and cleared up by Saturn. Jacket Potatoes was on today's menu, with various toppings - including but not limited to cheese and tuna. After lunch, we had some time to allow the campers to freshen up before they headed to their classes.

Today's class with Mustafa Bha focused on the etiquettes surrounding dua.

In Shabab Bha's class the campers explored the moral compass, explaining why we need the Quran and Allah in our lives.

Zamina Bai Rehemtulla's class discussed verbal and non verbal communication cues.

After the classes it was then dinner time, the main for which was Pakistani Biryani. This was diligently served with love by Jupiter and subsequently cleared up with love by Mars.

We then began the Muharram Workshop, in which the campers took part in presentations, Qur'an recitation, recitation of Marthiya and Nawhas. Once again it was beautiful to see the campers volunteering and taking part in such an important tradition.

Tuesday 30th July

Camp CoEJ Diaries

Day 3 – Boys camp

The day ended on a sweet note, with tabarruk of ice cream. Additionally, campers were given a flake chocolate and a choice of sauce to add.

Signing off from the Mentor team,
Hashir Bha Ashraf

Tuesday 30th July